

ORIGINAL PAPER

Dermatoglyphics in Vitiligo

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ABSTRACT

Introduction: Dermatoglyphics is the study of dermal ridges and the patterns formed by them. **Aims:** Here, we have compared dermatoglyphic patterns in patients with vitiligo and gender matched control population, and tried to find out if any of the dermatoglyphic patterns is more commonly associated with severe disease. **Methods:** A total of 100 clinically diagnosed cases of vitiligo were included along with 100 gender matched controls. Fingerprints were recorded using the Ink method of Purvis and Smith. Rolled fingertip prints as well as palm prints were taken and studied using a hand lens. Parameters studied were pattern types (loops, arches and whorls), a-b ridge count, atd angle. Analysis of dermatoglyphics was done by forensic experts. **Results:** Loops were the commonest pattern noted in both cases and controls. The study population showed increased incidence of whorls, predominantly on the 4th digit, and arches on 2nd digit as compared to controls. Patients with generalized vitiligo showed more than two whorls as compared to those with localized disease. Mean a-b ridge count and mean “atd” angle did not show any significant difference compared to controls. **Conclusion:** We concluded that patients with vitiligo have a higher incidence of whorls and those with more than two whorls may have a higher risk of developing generalized disease. Further large scale studies including both affected and unaffected first degree family members and long term follow up of these patients are required to corroborate our results.

Keywords: Dermatology, loops, whorls, arches, genetic diseases

INTRODUCTION

Dermatoglyphics is the study of dermal ridges and the patterns formed by them.¹ The ridges are formed during the fourth month of foetal life and are useful in the diagnosis of hereditary diseases.² Doctor Harold Cummins is universally acknowledged as the Father of Dermatoglyphics. Galton described three main types of fingerprint patterns:-Arch, loop and whorl.³ Dermal

Ridges are known for their uniqueness, persistence through out life irrespective of age and hence have a lot of implications ranging from legal matters, biometrics for staff management, finger print sensors and many more. Today, dermatoglyphics is being studied to support the diagnosis of many genetic diseases, psychiatric diseases and cancers. There is a relative paucity of studies in dermatological conditions. We have made an attempt to diagnose a hereditary condition, vitiligo; included in our study are those afflicted by the disease and gender matched controls. The incidence of vitiligo is reported to be 0.25-2.5% in India.^{4,5} Gujarat and Rajasthan states have the highest prevalence ~ 8.8%.^{6,7} It has a polygenic or an autosomal dominant inheritance pattern showing variable expression.⁸⁻¹⁰ Vitiligo is defined as a focal failure of pigmentation due to destruction of melanocytes that is thought to be mediated by immunological mechanisms.¹¹

METHODS

We conducted a cross sectional observational study including a hundred clinically diagnosed cases of vitiligo attending dermatology outpatient department of a tertiary care hospital and a hundred sex matched controls. Though dermatoglyphic

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patterns are not age dependent, there have been some differences in these patterns in individuals of different sex. Hence we included controls which were sex or gender matched.

Exclusion Criteria - Patients and controls with hand dermatitis or any other lesions obscuring the finger print patterns. Also, patients not willing to give finger prints were excluded.

After explaining the aims and objectives of the study to the patients and obtaining willful consent they were included in the study. Detailed history and examination was done to identify the type of vitiligo, stability of the disease and family history. Both patients and controls were asked to wash their hands clean with tap water. Fingerprints were recorded using the Ink method of Purvis and Smith.¹² A glass plate, 12 by 12 inches, was cleaned and smeared with printers ink with the help of a roller. Each fingertip was pressed against the glass slab spread with ink so as to stain the ink over fingers and fingerprints were taken by pressing them over a clean white paper. Rolled fingertip prints as well as palm prints were taken and studied using a hand lens by forensic experts.

The fingers were numbered from right thumb to right little finger (1 to 5 respectively) and left thumb to left little finger (6 to 10 respectively).

Parameters studied were type of dermatoglyphic patterns (loops, arches and whorls), a-b ridge count (a, b, c, d are triradii at base of digits except thumb), add angle (t - triradius at base of palm) as shown in figure 1. The a-b ridge count also known as inter-radial interval was obtained by counting the number of ridges between “a” and “b” triradius points.

Triradius is formed by confluence of three ridge systems. (a,b,c,d are digital triradii at base of digits except thumb).

The add angle - Angle formed by joining lines from digital “a” and “d” to axial triradius “t” (t - triradius at base of palm) as shown in figure 1.

Statistical method used was t test, Levene’s test.

P value < 0.05 was taken to be significant.

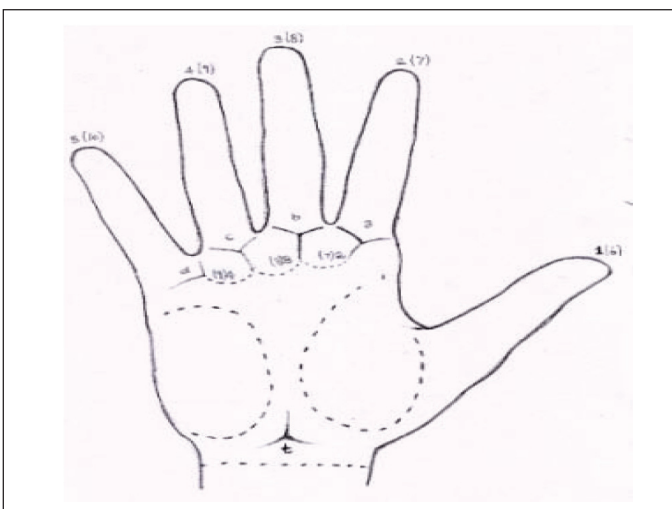


Figure 1 Counting of fingers from thumb to little finger (1-5 of right hand and 6-10 of left hand), tri radii at the base of figures (a, b, c, d), tri radii at the base of palm (t) and add angle measure.

RESULTS

Since it was a gender matched study, both Vitiligo (Case) group and Control group had an equal number of male and female Participants. Family history of vitiligo was present in 16% of the case group; slightly less than the 21.93% in a study by Shajil et al.¹³ Amongst the study population, 30% of the patients had unstable disease while rest 70% had stable disease. There were 61% patients with generalized vitiligo while 39% had localized disease, similar to the reports of Koranne et al¹⁴ and Sarin et al¹⁵ where generalized vitiligo was found to be more common. There was no significant difference in loop pattern in cases & controls in our study.

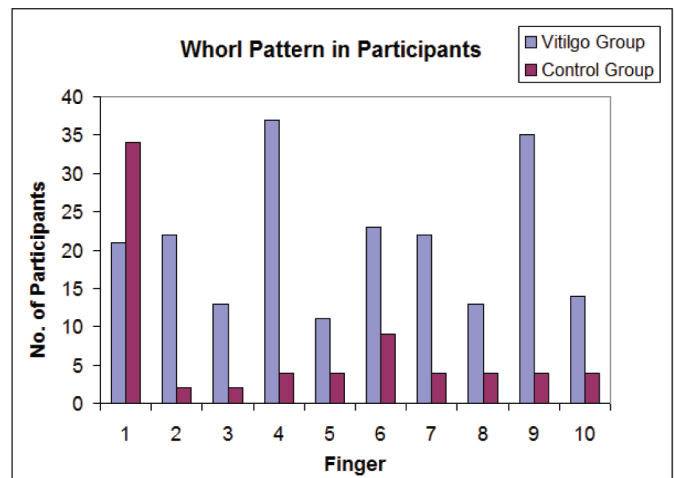


Figure 2 Whorl patterns in all the fingers

Except in **Figure 1**, whorl pattern was more commonly seen in Vitiligo group as compared to Control Group and it was statistically significant (p<0.05).

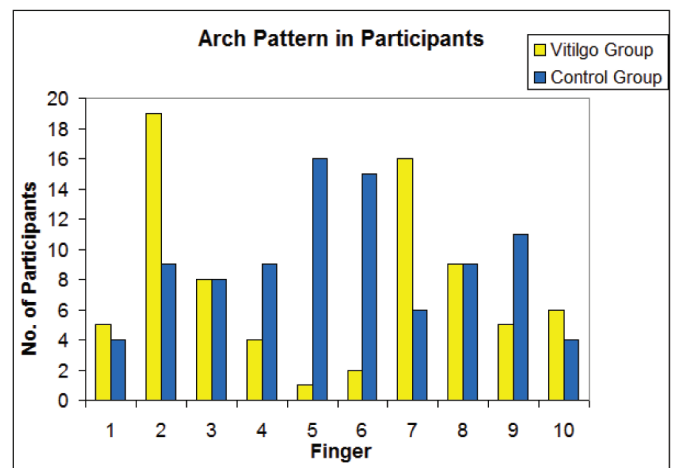


Figure 3 Arch patterns in all fingers

“Arch” pattern was more common in Vitiligo (Case) Group as compared to Control Group in fingers 2 and 7; it was statistically significant (p<0.05). In contrast, Fingers 5, 6 & 9 showed “Arch” pattern more in Control group as compared to Vitiligo (Case) Group (p<0.05).

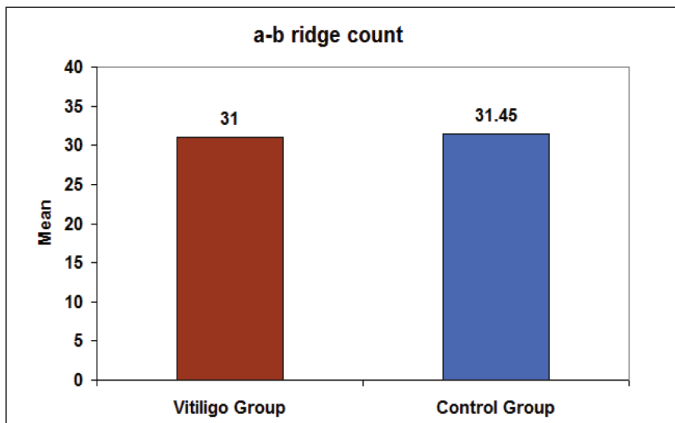


Figure 4 Difference in a-b ridge count in cases and control group

The difference in a-b ridge count in Vitiligo (Case) Group & Control Group was statistically not significant ($p > 0.05$).

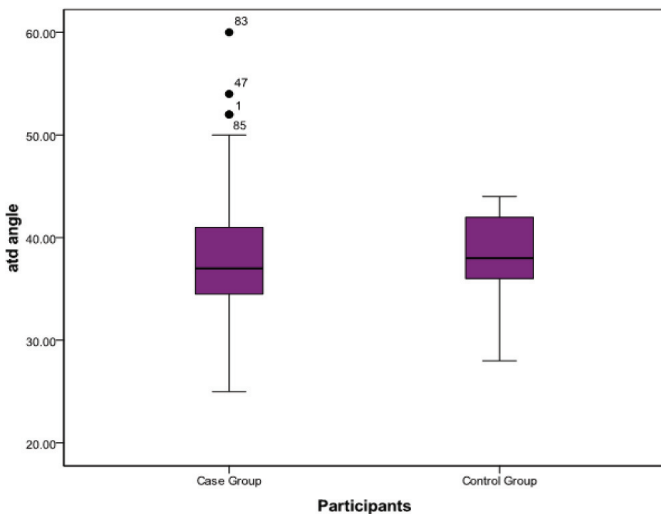


Figure 5 Add angle in cases and controls, difference between which was statistically insignificant

Table 1 Showing no. of whorls in patients with generalized and localized vitiligo

| Type of Vitiligo | Total No. of Whorls | | Total |
|----------------------|---------------------|-------------|-------|
| | Less than 2 | More than 2 | |
| Generalized vitiligo | 34 | 27 | 61 |
| Localized vitiligo | 34 | 5 | 39 |
| Total | 68 | 32 | 100 |

(Chi Square = 10.80, Degree of freedom = 1, p value = 0.001, statistically significant)

Generalized vitiligo was commonly seen in cases with more than 2 whorls in both hands. ($p < 0.05$). Thus presence of more than 2 whorls in both hands may be associated with occurrence of generalized disease in vitiligo patients.

DISCUSSION

Dermatoglyphic studies have been conducted on various other dermatomes such as psoriasis, alopecia areata, Darier’s disease,

ichthyosis, atopic dermatitis, anhidrotic ectodermal dysplasia and eczemas.¹⁶⁻¹⁸ There is a paucity of data on study of dermatoglyphics in vitiligo and sample size of available studies is also small.

There was increased incidence of ulnar loops on the 5th digit as compared to controls, in the study done by Kumar P & Gupta A¹⁹, Sahasrabuddhe *et al*²⁰ and Singh *et al*²¹ while there was no such difference in our study. In our study, no significant difference was found in the mean a-b ridge count, as was found in the study performed by Kumar P & Gupta A. Also, there was no significant difference in add angle between cases and controls in our study while a significant decrease was noted in the mean add angle in females of vitiligo (37.97) when compared with control females (42.20) in the study by Kumar P and Gupta A. The arch pattern was more common in fingers 2, 7 of the cases as compared to controls in our study. There was no significant difference in the dermatoglyphic patterns and a-b ridge count in cases and controls in study by Verma KC and Jain VK.²² In our study, presence of more than two whorls was observed in patients with generalized disease, a finding not reported in the previous studies. In a study by Tabhane *et al*, vitiligo patients exhibited increase percentage of whorl pattern on first finger followed by second finger in both the sexes.²³ In our study, vitiligo group exhibited increased whorl pattern on second finger but not on the first. Karnul *et al* reported that ATD angle in both hands of vitiligo males & right hand of female vitiligo cases reduced significantly,²⁴ contrary to our study where no significant difference in the add angle was noted between cases and controls. The mean value of add angle was increased in vitiligo males and females on both sides in a study by Kar *et al*.²⁵

CONCLUSION

Patients with vitiligo have a higher incidence of whorls in their dermatoglyphic pattern than controls and those with more than two whorls may have a higher risk of developing generalized disease. Thus we suggest that number of whorls may be considered as a prognostic factor for cases. There was a higher incidence of arches on second and seventh finger in cases. There is no significant difference in the mean a-b ridge count and add angle among cases and controls. We suggest further studies including both affected and unaffected first degree family members, involving a larger study population and long term follow up to support our results, which might help in predicting the severity of the disease and we plan to continue our efforts in same direction.

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Dr. Prachi Gole – Examination and Diagnosis of Vitiligo cases, Conception of Idea, Collection of Data; Dr. Bhalchandra Chikhalkar – Conception of Idea, Interpretation of Data; Dr. Siddhi Chikhalkar – Examination and Diagnosis of Vitiligo Cases; Dr. Sandeep Haridas – Interpretation of Data, Statistical Analysis; Dr. Swapnil Sanghvi – Examination and Diagnosis of Cases; Dr. Uday Khopkar – Confirmation of Diagnosis and Mr. Kuber Bhide – Collection of Data, Statistical Analysis of Data.

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